

Limiting Belief

Cheat Sheet

Rich people are mean, evil, greedy, uncaring, unkind, self-serving, out of touch

Money is the root of all evil

Money doesn't grow on trees

You can be rich or you can be happy

It's better to be poor and proud than rich and rude

Money brings out the worst in people

Money changes people

I've never been any good with money

Money ruins lives and relationships

Money/finance is a man's world

Money is difficult, complicated, dangerous

I don't understand money talk

I'm only good at spending money

Debt is the devil

I have to make do and mend

It's hard to make money

You have to save for a rainy day

Look after the pennies and the pounds will take care of themselves

You have to work hard to earn enough to make ends meet

Nothing is truly free

You'll be rewarded for working harder than everyone else

Limiting Belief

Don't spend it all at once!

Once it's gone it's gone

You should always shop around to find the best bargain

Never have more money than sense

It's vulgar to talk about money

Never tell anyone what you've earned

Having money makes you a target

Money can't buy you love

Pay off your mortgage as soon as you can

Men are the breadwinners

I'm not a wealthy woman

I don't deserve a million dollar lifestyle

It wouldn't last if it happened

The trappings of wealth/success

Something always goes wrong just when things are going right

Things like that don't happen to people like me

I need to follow the right path to success

People won't like me if I'm rich

I like a simple life, I don't need much money